



# Ampola Tasakhtaa Hospital

## Decade of care, compassion and community commitment in Z'bar

By Business Insider Reporter



Said Uwesu, Operation Manager

**N**estled in the heart of Zanzibar, Ampola Tasakhtaa Hospital has, for over a decade, stood as a beacon of hope, healing, and trust for the people of the Isles.

More than just a healthcare facility, it has become a true partner in life - walking alongside families, supporting them in times of need, and reinforcing the belief that quality healthcare is not a privilege, but a right for every Zanzibari.

Since its establishment, the hospital has been guided by a deep understanding of the health needs, cultural dynamics, and economic realities of Zanzibar's communities.

Rooted in local values, Ampola Tasakhtaa was founded on a vision of dignified, accessible, and affordable care for all - a vision that remains central to its mission today.

Over the past ten years, the hospital has evolved into a leading multi-specialty centre, offering a wide range of services including general medicine, paediatrics, obstetrics and gynaecology, surgery, intensive care,

orthopaedics, physiotherapy, diagnostics, and internal medicine. These services are not merely housed under one roof - they are delivered with clinical excellence and a level of compassion that defines the Ampola Tasakhtaa experience.

Its commitment to medical excellence is evident in its state-of-the-art infrastructure: modern operating theatres, fully equipped emergency and intensive care units, and advanced diagnostic imaging facilities. Yet, the true heart of Ampola Tasakhtaa lies not in its machines, but in its people.

The doctors, nurses, clinical officers, and support staff - many of them sons and daughters of Zanzibar - bring not only professional skill but also cultural understanding and a heartfelt commitment to those they serve. Every patient is treated not as a number, but as a neighbour, a friend, and a fellow citizen deserving of dignity and respect.

The hospital has been a place of transformation: thousands of lives saved, babies delivered safely, chronic conditions managed, and patients rehabilitated with care. Its approach is holistic - patients are not only treated, but also counselled, educated, and supported on their journey to recovery.



At the core of this work is a simple but powerful belief: healthcare should be inclusive and affordable.

Recognising the financial burden medical care can impose on families, Ampola Tasakhtaa has developed flexible payment schemes, outreach programmes, and subsidised services for vulnerable populations. It also works closely with health insurance providers to expand access to essential services.

This is a place where mothers come with confidence, elders are treated with reverence, and youth are empowered through care and health education - because a well-informed community is a healthier one.

In times of crisis, the hospital has consistently risen to the challenge. Whether during public health emergencies, natural disasters, or trauma cases, its 24/7 emergency department and ambulance services have proven reliable. A notable advancement has been its focus on pre-hospital emergency care - training responders to reach patients even before they arrive at the facility - based on the principle that care should begin the moment a call for help is made.

What truly sets Ampola Tasakhtaa apart is not just the breadth of its services, but the way in which they are delivered. Cultural awareness, emotional intelligence, and deep respect for family, tradition, and faith are at the heart of its care model.

Families are actively involved in the healing process, communication is open and transparent, and the environment honours both science and spirituality.

As the hospital embarks on its second decade, it is investing in expanded infrastructure, workforce development, digital health systems, and strategic partnerships to meet the evolving healthcare needs of Zanzibar. It aligns itself with national goals such as Universal Health Coverage (UHC) and plays a complementary role in advancing maternal and child health, managing chronic diseases, and promoting preventive care.



**AMPOLA**  
TASAKHTAA HOSPITAL  
"Let's Care Together"



This is not merely a story of bricks and mortar - it is a story of resilience, compassion, and unwavering dedication.

It is found in the steady hands of a surgeon, the gentle reassurance of a nurse, the welcome at the front desk, and the joyful tears of families reunited after recovery. These are the quiet triumphs that define Ampola Tasakhtaa Hospital.



For ten years and counting, the hospital has stood side by side with the people of Zanzibar. And as it looks to the future, it remains steadfast in its promise to deliver healthcare that is affordable, advanced, and above all, compassionate.

### HIGHLIGHTS

- 80% of tourists receive treatment here.
- Adequate specialist consultants available.
- It is a referral hospital.
- Pioneers in introducing gastric balloons.
- Modern kidney dialysis machines available.
- Offers CME (Continuing Medical Education), sending doctors abroad for further medical training.
- Patients receive their test results digitally, directly to their phones via text message.
- Accept various insurance providers.

